



A NIP AND A TUCK – & **NO CUTTING!**

PEOPLE who want to improve their looks will be tickled by the new Featherlift face-lift which eliminates surgery and general anesthesia.

"It takes minutes and you'll look 10 years younger," says Dr. Gregory Nikolaidis, a plastic surgeon in Austin, Texas, and one of about 100 American doctors trained to perform the procedure.

The Featherlift involves taking strands of surgical thread and inserting them under sagging skin, where "teeth" on one end of the

thread grab and lift and teeth on the other end hold the skin in place.

It usually takes about eight threads for a full face-lift, but often, a patient can achieve the desired look with only one or two, Nikolaidis tells GLOBE. The cost is \$300 per thread and the effects last as long as a traditional face-lift.

"The skin is numbed with lidocaine so you don't feel a thing," he explains. "The whole procedure takes about an hour, with little or no bruising."