



WESTLAKE  
DERMATOLOGY  
& Cosmetic Surgery

## Laser Hair Removal Instructions

### **Before Your Treatment:**

- 1) Do not wax, pluck or use depilatory creams in the area(s) to be treated for 6 weeks prior to the procedure.
- 2) Do not tan outdoors, use a tanning bed or use any other spray/artificial tanning products before coming in. If your skin appears tan we cannot perform the procedure.
- 3) Shave the area to be treated one day before the procedure.

### **After Your Treatment:**

Avoid prolonged sun exposure and use sun protection (at least SPF 30) for a minimum of 2 weeks after procedure. Sun exposure after treatments can increase your risk of post-inflammatory hyperpigmentation, or darkening of the skin within the treated areas.