

PicoSure™ Pre- and Post-Treatment Instructions

BEFORE YOUR TREATMENT:

- No sun exposure, tanning beds and sunless tanning cream. Sun exposure decreases the effectiveness of the laser or pulsed light treatment and can increase the chance of post-treatment complications.
- Apply a SPF 30+ sunblock to the area to be treated when exposed to the sun.
- Remove all makeup, creams, or oils prior to the treatment.

AFTER YOUR TREATMENT:

- Clean treated area daily allowing water or shower to run over the wound, and then pat the area dry.
- Apply a thin layer SkinMedica Restorative Ointment to the wound.
- Apply a telfa pad over the wound until it is healed.
- If crusting occurs, do not shave or pick area. Apply Restorative Ointment to wound area 2 to 3 times per day. Keep the area moist, and let the scab fall off on its own.
- No rubbing and/or scratching the treated area.
- Discomfort may be relieved by ice packs or acetaminophen.
- No swimming or using hot tubs/whirlpools until the wound heals.
- Contact us if there is any indication of blistering or infection (redness, tenderness, or pus).
- Avoid sun exposure. When treatment area is exposed to the sun, use a SPF 30+ sunblock with zinc oxide and reapply every 2 hours.

If you have any questions or concerns regarding your treatment, please call our office at (512) 328-3376.